



Clutter Excuses

According to the June 2010 Ladies Home Journal, most of us have elaborate justifications for the clutter that clogs our household and brain. Listed here are some common clutter excuses and a reality check for those excuses ↗

EXCUSE	REALITY CHECK
“But...I might need it one day!”	You are right, you might. BUT what you know is that you don’t need it now. When you do need it, borrow it from a neighbor.
“But...it was on sale!”	Learn to set boundaries for yourself so you can stop clutter before it enters your home. Ask yourself if the sale item will increase your serenity. If the answer is no...walk away.
“But...I’m saving it to wear when I lose the weight!”	If you’ve been saying this for more than a year, and if it’s been a year since you wore the item, donate it to someone who really CAN use it.
“But...it was a gift!”	Returning something to the store of purchase or passing along a gift does not mean you don’t love or appreciate the giver.
“But...it represents so many good memories!”	Clinging to too many mementoes keeps you stuck in the past. Keep a few key things, display them beautifully, donate the rest to charity.
“But...it’s part of a collection!”	What starts out as a collection ends up as a bad habit that takes over the house. Keep a few key pieces, display them beautifully, and donate the rest to charity.