

HOLIDAY VALUES ANALYZER



Focus in on your goals for the holiday season as you answer these 8 questions concerning the values your family's holiday activities will serve.

Values Analysis ?'s	My Insights
1. Did I feel overwhelmed last year as I entered the holiday season?	
2. Did I feel overwhelmed last year as the holiday season ended?	
3. Was my family spiritually uplifted during the holiday?	
4. Were decisions concerning décor motivated by feelings of competitiveness?	
5. Were the gifts I gave motivated by feeling of insecurity?	
6. What would I like to have done differently last year?	
7. Did the fast pace of the season weaken our family's closeness and love?	
8. Which family activities and traditions were memorable and worth the time & effort last year?	

*This content belongs to ORGANIZING Mind over Matter & Vicki Winterton: professional organizer / productivity trainer
11/2009 (All Rights Reserved)*